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This is the 12th issue of the Schizophrenia Bulletin, the first to be offered as a regular subscription periodical, to be published quarterly. Eleven previous Bulletins were issued at irregular intervals on an experimental basis. (The experimental issues were dated December 1969, Fall 1970, Winter 1970, Fall 1971, Spring 1972, Fall 1972, Winter 1973, Spring 1974, Summer 1974, Fall 1974, and Winter 1974.) The Bulletin is prepared by the Center for Studies of Schizophrenia, National Institute of Mental Health. Its purpose is to facilitate the dissemination and exchange of information about schizophrenia and to provide abstracts of the recent literature on the subject. Material contained in the Bulletin, including viewpoints expressed by NIMH staff members, does not necessarily reflect the opinions, official policy, or position of the National Institute of Mental Health.

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about the cover

The Schizophrenia Bulletin features art done by current and former mental hospital patients. Harriet Wadeson, psychiatric art therapist and research psychologist in the NIMH Adult Psychiatry Branch, recalls below how the art on the cover of this issue came to her attention:

As a result of seeing art work on the cover of a recent Schizophrenia Bulletin (No. 7, Winter 1973) drawn by a patient with whom I worked, a man who identified himself as a former mental patient sent me this picture. It is executed in pencil, black ink, and vivid pastel-colored crayons. An accompanying letter stated: “To me it represents the butterfly or myself flying away from the depersonalization of the real world and soaring above it in its own realm of the universe.” He expressed appreciation for my work, which would seem to indicate that he has found art work to be a valuable means of expressing, and perhaps understanding, some of his disturbing thoughts and feelings.

The picture reproduced here certainly evidences much painstaking effort.

He added that he had been diagnosed as a paranoid schizophrenic, but is now treating himself and enjoying his present job, which involves helping others.

The artist requested that this picture be displayed on the cover of the Schizophrenia Bulletin, but that he not be identified.